



## Our next exercise

This exercise is designed to help you ride on a good flowing turns and related distances.

The better you know the pattern following the numbers and arrows the more you learn in the lesson! This is the base exercise, we will hopefully be able to do some more variations.

## Four Basic Responses

- Stop - Stop, Slow down or Step back
- Go - Move faster in a straight line.
- Turn - Move the front legs one way or the other
- Yield - Move the back one way or the other

## The triangle of focus

